BEARDEN PEDIATRIC DENTISTRY SOCIAL STORY

Instructions: Read the story with your child to help familiarize him or her with a routine visit at our dental office.



Today I am going to the dentist. I will walk into a brick building.



My temperature will be taken by my helper who will be brushing my teeth today.



I will get hand sanitizer at the front desk.



My helper will walk me down a hallway to the room where I will have my teeth cleaned.



Sometimes, we may get X-ray pictures of my teeth with this big camera.



I will lay back in a big chair to have my teeth checked and cleaned by my helper.



I can even watch TV while my teeth are brushed!



This is my helper without her mask and glasses.



This is my helper with her mask and glasses.



My helper will use special instruments to check and clean my teeth.



I will open very big so my helper can see all of my teeth.



My helper will count my teeth with her mirror and tooth counter.



She will brush my teeth with a special toothbrush. The bubblegum flavor is yummy!



My helper will even floss my teeth.

The floss tastes like bubblegum
too!



After I did such a good job, my dentist Dr. Elise will come in to check my teeth. This is her without her mask, gloves and glasses.



This is what Dr. Elise will look like when she checks my teeth.



Dr. Elise will paint sticky stuff called fluoride on my teeth to help make them healthy and strong.



My helper will give me a brandnew toothbrush, toothpaste and flossers.



I will get a token and use it to get a toy from the toy tower.



I did such a great job at the dentist today! Now it is time to leave, I will come back in 6 months to have my teeth cleaned again.